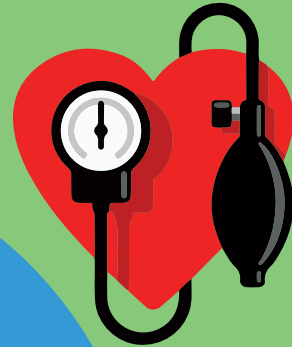




HEALTH & WELL-BEING POP UP SESSION



**DEFIBRILLATOR
DEMONSTRATIONS**

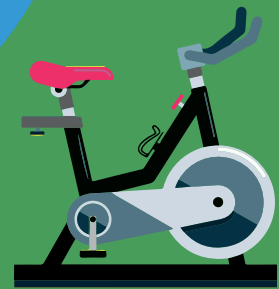


**BLOOD PRESSURE
CHECKS**

**HEALTHY
LIVING**

GP SIGN UPS

**21ST
MARCH**



See **website** for more information www.nandscvs.org **Phone** 01636 679539

10am - 2pm

Newark and Sherwood CVS
Supporting, Empowering, and
Connecting Local Communities

**St Paulinus Church
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NG22 9SX**